

# August Aquatics Schedule: Lap Pool

Each time block indicates the number of lanes available during that time for lap or open swimmers. \*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5-8:45am	5-9am	5-8:45am	5-9am	5-8:45am		
6 am—							
7 am—	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	7am-2pm 6 LANES OPEN	
8 am—							
9 am—	Aqua Aerobics 8:45-9:45am 4 Lanes Available	Water Works 8:45-9:45am	Aqua Aerobics 8:45-9:45 3 Lanes Available	Water Works 8:45-9:45am 4 Lanes Available	Aqua Aerobics 8:45-9:45 3 Lanes Available		
10 am—	9:45-4pm 6 LANES OPEN	9:45-4pm 6 LANES OPEN	9:45-4pm 6 LANES OPEN	9:45-4pm 6 LANES OPEN	9:45-5pm 6 LANES OPEN		10am-3pm 6 LANES OPEN
11 am—							
12 pm—							
1 pm—							
2 pm—							
3 pm—							
4 pm—	5—6pm— Swim Lessons M-TH  4 Lanes Open M-TH						
5 pm—					Stroke Clinic 5-7pm 2 Lanes Open		
6 pm—	6-8pm Pre Swim Team T & Th Stroke Clinic M & W 2 lane open for Lap Swim Only M-TH					<ul style="list-style-type: none"> <li>Pre Swim Team and Stroke Clinic will start Aug 4th.</li> <li>W-F 8:45-9:45 Aqua Aerobics will be moving to using 3 lanes starting Aug 6th.</li> <li>Swim lessons end Aug 7th till Sept.</li> </ul>	
7 pm—							
8 pm—							



\* All schedules are subject to change. Some groups will not be listed on the schedule. Pool Parties may not occur every weekend.

Watch for announcements regarding upcoming events and changes.

# August Aquatics Schedule: Warm Water Pool

\*White time blocks indicate open swim time. Grey time blocks are scheduled programs, and the pool is closed for that time.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5-9:45am	5am-4pm	5-9:45am	5am-4pm	5-9:45am		
6 am—							
7 am—						7-11am	
8 am—	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	
9 am—							
10 am—	Joints-N-Motion 9:45-10:45		Joints-N-Motion 9:45-10:45		Joints-N-Motion 9:45-10:45		10-3pm OPEN
11 am—	Arthritis 11am-12pm		Arthritis 11am-12pm		Arthritis 11am-12pm		
12 pm—						11:30-2pm OPEN	
1 pm—							
2 pm—	12-4pm OPEN		12-4pm OPEN		12-6:30pm OPEN		
3 pm—							
4 pm—							
5 pm—	Aqua Flex 5-6pm	Aqua Flex 5-6pm		Aqua Flex 5-6pm			
6 pm—	Swim Lessons 6-7pm	Swim Lessons 6-7pm	Swim Lessons 6-7pm	Swim Lessons 6-7pm			
7 pm—	7-8pm OPEN	7-8pm OPEN	7-8pm OPEN	7-8pm OPEN			
8 pm—							

- Pre Swim Team and Stroke Clinic will start Aug 4th.
- W-F 8:45-9:45 Aqua Aerobics will be moving to using 3 lanes starting Aug 6th.
- Swim lessons end Aug 7th till Sept.



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Watch for announcements regarding upcoming events and changes.