



HEALTHY LIVING – BLAIR REGIONAL YMCA

GYM SCHEDULE – MAY 2025 (CLOSED 5.26)

BASKETBALL COURT #1 (No Pickleball 5.16 or 5.27)						
5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-9:00P	5:00A-7:30P	7:00A-6:00P	10:00A-5:00P
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-3:00pm Open Gym	10:00am-5:00pm Open Gym
7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Competitive	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Competitive	7:30am-9:30am Pickleball Social Play		
9:30am-12:00pm Pickleball Intermed/Social	9:30am-12:00pm Pickleball Intermed/Social	9:30am-12:00pm Pickleball Intermed/Social	9:30pm-12:00pm Pickleball Intermed/Social	9:30am-12:00pm Pickleball Intermed/Beginner		
12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00pm-9:00pm Open Gym	12:00-5:00pm Open Gym	4:00-6:00pm Open Gym	
				5:00-6:15pm Basketball Skills Clinic		
				6:15-7:30pm Open Gym		

BASKETBALL COURT #2 (No Pickleball 5.16 or 5.27)						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-3:30pm Open Gym	10:00am-5:00pm Open Gym
9:15am-9:45am Cardio Walk & Fit	7:30am-9:30am Pickleball Intermed/Social	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball Intermed/Social	7:30am-9:30am Pickleball (Half Court) Social Play		
10:00am-10:45am Zumba Gold Toning	9:30am-12:00pm Pickleball Intermed/Social	10:00am-10:45am Zumba Gold	9:30am-12:00pm Pickleball Intermed/Social	10:00am-10:45am Zumba Gold		
10:45am-9:00pm Open Gym	12:00pm-1:00pm Open Gym	10:45am-9:00pm Open Gym	12:00pm-2:00pm Pickleball Social Play	10:45am-5:00pm Open Gym	3:30pm-5:30pm Pickleball Social Play (No Pickleball 5/24, 5/31)	
	1:00pm-2:00pm Pickleball Lessons May 7 th ONLY		2:00pm-9:00pm Open Gym	5:30pm-7:30pm Karate		
	2:00pm-9:00pm Open Gym			5:30pm-6:00pm Open Gym		

** Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA **

GYM CLOSURES/UPDATES DUE TO SPECIAL EVENTS:

MAY 16TH: HASD KINDERGARTEN FIELD TRIP 9A-12P (SCHEDULED FOR OUTSIDE – WILL NEED TO CLOSE COURTS 1 & 2 IN THE EVENT OF RAIN)

MAY 27TH: LONGER 6TH GRADE FIELD TRIP 9A-2P (SCHEDULED FOR OUTSIDE – WILL NEED TO CLOSE COURTS 1 & 2 IN THE EVENT OF RAIN)

MAY 30TH: COURTS 1 & 2 WILL BE CLOSED FROM 4P-7:30P FOR YMCA PRE-K GRADUATION CEREMONY

BASKETBALL COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-9:00pm Gymnastics	5:30am-9:00pm Gymnastics	5:30am-9:00pm Gymnastics	5:30am-9:00pm Gymnastics	5:30am-7:30pm Gymnastics	7:00am-6:00pm Gymnastics	10:00am-5:00pm Gymnastics

DISCLAIMER: There may be additional gym rentals that were reserved after the making of this schedule.

All other Land Fitness Classes are held in the Stuckey Room (Community Room 1). Please see the Land Fitness Schedule for more information.

Revolutions Classes are held in the Spin Room (Behind The Spot/Community Room 2)

Spring Hours will begin Saturday, May 24th (Memorial Day Weekend) | Saturday Hours will be 7A-3P / Sunday Hours will be 10A-4P