

# September Aquatics Schedule: Lap Pool

Each time block indicates the number of lanes available during that time for lap or open swimmers. \*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5-8:45am	5-9am	5-8:45am	5-9am	5-8:45am	<u>Swim Team Starts Sept 16th</u>	
6 am—	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN		
7 am—							
8 am—	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	7-2am 6 LANES OPEN	
9 am—	Aqua Aerobics 8:45-9:45 4 Lanes Available	Water Works 9-10 4 Lanes Available	Aqua Aerobics 8:45-9:45 4 Lanes Available	Water Works 9-10 4 Lanes Available	Aqua Aerobics 8:45-9:45 4 Lanes Available		
10 am—	9:45-12:30pm	10-12:30pm	9:45-3pm	10-12:30pm	9:45-12:30pm		10-3pm 6 LANES OPEN
11 am—	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN		
12 pm—							
1 pm—							
2 pm—							
3 pm—	3-5pm— Swim Lessons M-TH						
4 pm—	4 Lanes Open M-TH						
5 pm—	5-8pm Swim Team M-TH 1 Lane Open M-TH						
6 pm—							
7 pm—							
8 pm—							



\* All schedules are subject to change. Some groups will not be listed on the schedule.

Watch for announcements regarding upcoming events and changes.

# September Aquatics Schedule: Warm Water

\*White time blocks indicate open swim time. Grey time blocks are scheduled programs, and the pool is closed for that time.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5am-9:45am	5am- 3pm	5am-9:45am	5am-3pm	5am-9:45am	Swim Team Starts Sept 16th	
6 am—							
7 am—							
8 am—	OPEN	OPEN	OPEN	OPEN	OPEN	7-2pm OPEN	
9 am—							
10 am—	Joins-N-Motion 9:45-10:45		Joins-N-Motion 9:45-10:45		Joins-N-Motion 9:45-10:45		10-3pm OPEN
11 am—	Arthritis 11-12 pm		Arthritis 11-12 pm		Arthritis 11-12pm	Swim Lessons 11-11:30am	
12 pm—							
1 pm—	12-3 OPEN		12-3 OPEN		12-6:30 OPEN		
2 pm—							
3 pm—							
4 pm—	Swim Lessons 3-5 pm	Swim Lessons 3-5 pm	Swim Lessons 3-5 pm	Swim Lessons 3-5 pm			
5 pm—	Aqua Flex 5-6pm	Aqua Flex 5-6pm	5-6 OPEN	Aqua Flex 5-6pm			
6 pm—	Swim Lessons 6-7 pm	Swim Lessons 6-7 pm	Swim Lessons 6-7pm	Swim Lessons 6-7 pm			
7 pm—	6-8 pm OPEN	6-8 pm OPEN	6-8pm OPEN	6-8 pm OPEN			
8 pm—							

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