

January Aquatics Schedule: Lap Pool

Each time block indicates the number of lanes available during that time for lap or open swimmers. *

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5-8:45am	5-8am	5-8:45am	5-8am	5-8:45am		
6 am—							
7 am—							
8 am—	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	7-2pm 6 LANES OPEN	
9 am—	Aqua Aerobics 8:45-9:45 4 Lanes Available	Water Works 9-10 4 Lanes Available	Aqua Aerobics 8:45-9:45 4 Lanes Available	Water Works 9-10 4 Lanes Available	Aqua Aerobics 8:45-9:45 4 Lanes Available		
10 am—	9:45-5pm 6 LANES OPEN	10-5pm 6 LANES OPEN	9:45-5pm 6 LANES OPEN	10-5pm 6 LANES OPEN	9:45-6:30pm 6 LANES OPEN		
11 am—							10-3pm 6 LANES OPEN
12 pm—							
1 pm—							
2 pm—							
3 pm—							
4 pm—	5-7pm— Swim Lessons 5:30-6:30— Swim Team – Beg Group						
5 pm—	2 Lanes Open M-TH						
6 pm—	6-8 Swim Team Lane 1 open for Lap Swim Only						
7 pm—							
8 pm—							



* All schedules are subject to change. Some groups will not be listed on the schedule.

Watch for announcements regarding upcoming events and changes.

January Aquatics Schedule: Warm Water

*White time blocks indicate open swim time. Grey time blocks are scheduled programs, and the pool is closed for that time.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5am–9:45am	5am–12:45 pm	5am–9:45am	5am–12:45pm	5am–9:45am		
6 am—							
7 am—						7–9am	
8 am—	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	
9 am—						Swim Lessons 9–11:30am	
10 am—	Joints–N–Motion 9:45–10:45		Joints–N–Motion 9:45–10:45		Joints–N–Motion 9:45–10:45		10–3pm
11 am—	Arthritis 11–12 pm		Arthritis 11–12 pm	Swim Lessons 12:45–1:15pm **Jan 18th Homeschool 12–1 Lap lane open	Arthritis 11–12pm	11:30–2pm	OPEN
12 pm—	12–3 OPEN	Swim Lessons 12:45–1:15pm Lap Lane open	12–3 OPEN		12–6:30pm	OPEN	
1 pm—							
2 pm—		1:15–3 OPEN		1:15–3 OPEN	OPEN		
3 pm—							
4 pm—	Swim Lessons 3–4:45 pm	Swim Lessons 3–4:45pm	Swim Lessons 3–4:45pm	Swim Lessons 3–4:45pm			
5 pm—	Aqua Flex 5–6pm	Aqua Flex 5–6pm	5–6 OPEN	Aqua Flex 5–6pm			
6 pm—	Swim Lessons 6–6:45 pm	Swim Lessons 6–6:45 pm	Swim Lessons 6–6:45 pm	Swim Lessons 6–6:45 pm			
7 pm—	6:45–8 pm OPEN	6:45–8 pm OPEN	6:45–8pm OPEN	6:45–8 pm OPEN			
8 pm—							



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