

BLAIR REGIONAL YMCA COMMUNITY WELLNESS CHALLENGE SERIES

www.BlairRegionalYMCA.org

COURSE DESCRIPTIONS

5K RUN

Starting at Blair Candy Company, participants will proceed down a flat course on Beale Avenue past Cesare Battisti and will proceed through the rolling hills of Broad Avenue before heading back to the finish line at Blair Candy Company.

2 MILE RUN & WALK

Our first 2 mile course of the year will start out at Blair Candy Company and we follow through the rolling hills of Altoona before looping back to Broad Avenue and finishing at Blair Candy Company.

DUE TO SAFETY CONCERNS PLEASE REFRAIN FROM WEARING HEADPHONES.

Race Maps at: www.BlairRegionalYMCA.org

REGISTRATION

The first 250 participants to register will be guaranteed a long sleeve race shirt. Please register early as we cannot guarantee sizes. **No race changes on race day.** If you lose your bib or need a new one issued, for any reason, there will be a \$5 fee assessed. Online race registration will close at 11:00AM on Friday, April 5.

DAY OF RACE REGISTRATION

Race registration on the day of the race is only available from 6:30 to 7:45am at Blair Candy, Altoona, PA. Anyone not registered by 7:45am will be turned away, so please come early if you plan to register the day of the race.

Shirts & Bibs included in Registration	Early Until 3/22	Pre-3/23-4/5	Day Of Race
Individual	\$25	\$32	\$37
Family 2 or more from same household	\$24 each	\$30 each	\$37 each
5 & Under must register in house	FREE	FREE	FREE

RACE PACKET PICK-UP

BEFORE THE RACE

Race packets are available at the Blair Regional YMCA on Thursday, April 4 from 12pm to 8:30pm and Friday, April 5 from 5am to 7pm.

DAY OF THE RACE

Race packets are available for pick up the day of the race at Blair Candy, Altoona, PA from 6:30 to 7:45am.

AWARDS CEREMONY

Awards will be given out immediately following the race. We will be awarding medals for the following categories:
5k run top 3 overall finishers

2m run & 2m walk overall top finishers

Awards will also be given out to the top three male and female finishers in the 5k run, 2m run and 2m walk in the following age categories:

6-8, 9-11, 12-14, 15-18, 19-24, 25-29,
30-34, 35-39, 40-44, 45-49, 50-54, 55-59,
60-64, 65-69, 70 & Over

Award winners are asked to remain for the Awards Ceremony as no awards will be mailed.

2023 RACE RESULTS

5K RUN

Overall Male:	AJ Kelly	17:46
Overall Female:	Amy O'Donnell	19:37

2 MILE RUN

Overall Male:	Paul Hinkle	16:02
Overall Female:	Ashlyn Noce	13:30

2 MILE WALK

Overall Male:	Frank Ayers	24:58
Overall Female:	Donna Stoltz	23:15



#CWCS #YRUN

RACE OF CHAMPIONS

Register online at: www.BlairRegionalYMCA.org

Mail registrations to: Blair Regional YMCA
1111 Hewitt Street, Hollidaysburg, PA 16648

Name _____

Address _____

City _____ State _____

Zip _____

Phone _____

Email _____

Date of Birth _____ Age (on Race Day) _____

Sex ☐ M ☐ F

Tshirt Size ☐ Youth M ☐ Youth L ☐ S
☐ M ☐ L ☐ XL ☐ XXL (+\$2)

Race ☐ 5K Run
☐ 2 Mile Run ☐ 2 Mile Walk

Payment Method

☐ Check ☐ MasterCard ☐ Visa ☐ Discover

Credit Card # _____

Expiration ____/____ Three digit code _____

Waiver: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge the Blair Regional YMCA and all event sponsors, event volunteers and workers and their offices, directors, agents, successors and or assigns for any and all injuries suffered by me at this event. I attest that I am physically fit and prepared for this event. I understand I may be photographed and agree to allow my photo, video or film likeness to be used for legitimate purpose by any of the aforementioned parties.

Signature _____

Parent/Guardian if under 18

Date _____

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Official Race Series Sponsor

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Contact:
pbaker@
blairregionalyymca.org

What is the Race of Champions?

Champion is defined as a person who fights or argues for a cause or on behalf of someone else.

The Race of Champions, formerly known as the Ken Brumbaugh Memorial Run, is a celebration of all people who have overcome challenges in life. In keeping with the memory of Ken, a courageous cancer survivor and enthusiastic member of the local running community, we invite all people to participate and champion for themselves and loved ones to kick off the running season.

Who will you champion for?

COMMIT TO ALL SEVEN IN 2023

Hollidaysburg Diamond Dash

Saturday, May 11 at 8:00am

Races: 10k Run, 6k Run, 5k Walk

4th of July Angie Gioiosa Memorial Race

Thursday, July 4 at 7:30am

Races: 15k Run (7:30 start),

5k Run (8:00a start),

2 Mile Walk & a Lollipop Fun Run

Canoe Creek Triathlon & Races

Saturday, August 3 at 8:00am

Races: Triathlon, Duathlon (7:55am start),

5k Run, 2 Mile Walk

October Half Marathon & Races

Saturday, October 5 at 7:30am

Races: Half-Marathon (7:30 Start)

10k Run, 5k Walk (8:00am Start)

Perry Wellington 4.5M Turkey Trot Race

Saturday, November 30 at 8:30am

Races: 4.5 Mile Run, 2 Mile Run, 2 Mile Walk

Twilight Race

Tuesday, December 31

Races: 5k Run - 4:00pm

2 Mile Run - 4:30pm

2 Mile Walk - 5:00pm



#CWCS #YRUN



BLAIR REGIONAL YMCA
**COMMUNITY WELLNESS
CHALLENGE SERIES**

RACE OF CHAMPIONS

April 6th, 2024

8:00 AM

5k Run, 2 Mile Run, 2 Mile Walk



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