



# GYM SCHEDULES– JANUARY 2024

## BASKETBALL COURT #1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-6:00pm Open Gym	10:00am-5:00pm Open Gym
7:30am-9:30am Pickleball	7:30am-9:30am Pickleball "Competitive"	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball "Competitive"	7:30am-9:30am Pickleball Social Play		
9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball		
12:00pm-5:30pm Open Gym	12:00pm-4:00pm Open Gym 4:00pm-5:30pm Biddy Basketball	1:00pm-2:00pm Pickleball Lessons (January 10th) 2:00-5:30pm Open Gym	12:00pm-2:00pm Pickleball Social Play 12:00-9:00pm Open Gym	12:00pm-2:00pm Pickleball Social Play 12:00-7:30pm Open Gym		
5:30-9:00pm <b>Nut League</b>	5:30pm-9:00pm Open Gym	5:30-9:00pm <b>Nut League</b>				

## BASKETBALL COURT #2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-10:00am Open Gym	7:00am-8:00am Open Gym	10:00am-12:30pm Open Gym	
7:30am-9:00am Pickleball (Half Court)	7:30am-9:30am Pickleball	7:30am-9:30am Pickleball Social Play	7:30am-9:00am Pickleball	7:30am-9:30am Pickleball Social Play/Half Court	8:00am-12:45pm Futsal		
9:15am-9:45am Cardio Walk &Fit	9:30am-12:00pm Pickleball	10:00am-10:45am Zumba Gold	9:30am-12:00pm Pickleball	10:00am-10:45am Zumba Gold	1:00-4:30pm Youth Basketball	1:00-4:30pm Youth Basketball	
10:00am-10:45am Zumba Gold Toning	12:00pm-4:00pm Open Gym	10:45am-9:00pm Open Gym	12:00pm-4:45pm Open Gym	10:45am-9:00pm Open Gym		1:00pm-6:00pm Open Gym	4:30pm-5:00pm Open Gym
10:45am-9:00pm Open Gym	4:00pm-5:30pm Biddy Basketball						
	5:30pm-8:00pm Futsal						
	8:00pm-9:00pm Open Gym		5:00pm-9:00pm Youth Basketball				

**\*\* Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA \*\***

**GYM CLOSURES/UPDATES DUE TO SPECIAL EVENTS:**

## BASKETBALL COURT #3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am-8:30am Longer School Age 8:30am-9:00pm Gymnastics	7:30am-8:30am Longer School Age 8:30am-9:00pm Gymnastics	7:30am-8:30am Longer School Age 8:30am-9:00pm Gymnastics	7:30am-8:30am Longer School Age 8:30am-9:00pm Gymnastics	7:30am-8:30am Longer School Age 8:30am-9:00pm Gymnastics	7:00am-6:00pm Gymnastics	10:00am-5:00pm Gymnastics

All other Land Fitness Classes are held in the Stuckey Room and/or Community Room 3. Please see the Land Fitness Schedule for more information.  
Revolutions Classes are held in the Spin Room.

Friday, Karate: 5:00-7:00pm (Stuckey Room)

DISCLAIMER: There may be additional gym rentals that were reserved after the making of this schedule.

BLAIR REGIONAL YMCA  
814-695-4467 | [www.BlairRegionalYMCA.org](http://www.BlairRegionalYMCA.org)