



# GYM SCHEDULES– NOVEMBER 2023

BASKETBALL COURT #1						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	7:00am-6:00pm Open Gym	10:00am-5:00pm Open Gym
7:30am-9:30am Pickleball	7:30am-9:30am Pickleball "Competitive"	7:30am-9:30am Pickleball Social Play	7:30am-9:30am Pickleball "Competitive"	7:30am-9:30am Pickleball Social Play		
9:30am-12:00pm Pickleball		9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball			
12:00pm-9:00pm Open Gym	12:00pm-5:45pm Open Gym	1:00pm-2:00pm Pickleball Lessons (November & )	12:00pm-2:00pm Pickleball Social Play	9:30am-12:00pm Pickleball		
	5:45pm-6:45pm Futsal					
	7:00pm-9:00pm Open Gym				12:00-9:00pm Open Gym	12:00-7:30pm Open Gym

BASKETBALL COURT #2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00am-7:30am Open Gym	5:00am-10:00am Open Gym	5:00am-7:30am Open Gym	5:00am-10:00am Open Gym	7:00am-8:00am Open Gym	10:00am-3:30pm Open Gym
7:30am-9:00am Pickleball (Half Court)	7:30am-9:30am Pickleball	7:30am-9:30am Pickleball Social Play	7:30am-9:00am Pickleball	7:30am-9:30am Pickleball Social Play/Half Court	8:00am-12:45pm Futsal	
9:15am-9:45am Cardio Walk & Fit	9:30am-12:00pm Pickleball	10:00am-10:45am Zumba Gold	9:30am-12:00pm Pickleball	10:00am-10:45am Zumba Gold	1:00pm-3:30pm Open Gym	2:30pm-4:30pm Pickleball Social Play
10:00am-10:45am Zumba Gold Toning	12:00pm-4:00pm Open Gym	10:45am-9:00pm Open Gym	10:15am-9:00pm Open Gym	12:00pm-7:30pm Open Gym	3:30pm-5:30pm Pickleball Social Play	
10:45am-9:00pm Open Gym	4:00pm-5:30pm Biddy Volleyball		5:15pm-6:15pm Peewee Volleyball		5:30pm-6:00pm Open Gym	
	5:30pm-8:00pm Futsal		6:30pm-9:00pm Open Gym			
	8:00pm-9:00pm Open Gym					4:30pm-5:00pm Open Gym

**\*\* Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA \*\***

**GYM CLOSURES/UPDATES DUE TO SPECIAL EVENTS:**

BASKETBALL COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am-8:30am Longer School Age	7:30am-8:30am Longer School Age	7:30am-8:30am Longer School Age	7:30am-8:30am Longer School Age	7:30am-8:30am Longer School Age	7:00am-6:00pm Gymnastics	10:00am-5:00pm Gymnastics
8:30am-9:00pm Gymnastics	8:30am-9:00pm Gymnastics	8:30am-9:00pm Gymnastics	8:30am-9:00pm Gymnastics	8:30am-7:30pm Gymnastics		

All other Land Fitness Classes are held in the Stuckey Room and/or Community Room 3. Please see the Land Fitness Schedule for more information.  
Revolutions Classes are held in the Spin Room.

Friday, Karate: 5:00-7:00pm (Stuckey Room)

DISCLAIMER: There may be additional gym rentals that were reserved after the making of this schedule.