

September Aquatics Schedule: Lap Pool

Each time block indicates the number of lanes available during that time for lap or open swimmers. *

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5am-8:45am 6 LANES	5am-8am 6 LANES OPEN	5am-8:45am 6 LANES OPEN	5am-8am 6 LANES OPEN	5am-8:45am 6 LANES OPEN	7am-2pm 6 LANES OPEN	
6 am—							
7 am—							
8 am—							
9 am—	Aqua Aerobics 8:45-9:45 4 Lanes Available	Water Works 9-10 4 Lanes Available	Aqua Aerobics 8:45-9:45 4 Lanes Available	Water Works 9-10 4 Lanes Available	Aqua Aerobics 8:45-9:45 4 Lanes Available		
10 am—	9:45am-5pm 6 LANES OPEN	10am-5pm 6 LANES OPEN	9:45am-5pm 6 LANES OPEN	10am-5pm 6 LANES OPEN	9:45am-7pm All LANES OPEN		10am-3pm 6 LANES OPEN
11 am—							
12 pm—							
1 pm—							
2 pm—							
3 pm—	5:30pm-8pm Swim Team Monday-Thursday Lanes 2-6 Closed for Swim Team Practice Lane 1 will be open for Lap Swimming/Walking Only						
4 pm—							
5 pm—							
6 pm—							
7 pm—							
8 pm—							



* All schedules are subject to change. Some groups will not be listed on the schedule.

Watch for announcements regarding upcoming events and changes.

September Aquatics Schedule: Warm Water

*White time blocks indicate open swim time. Grey time blocks are scheduled programs, and the pool is closed for that time.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5am–9:45am	5am–12:45 pm	5am–9:45am	5am–12:45pm	5am–9:45am		
6 am—							
7 am—						7am–2pm	
8 am—	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	
9 am—							
10 am—	Joins-N-Motion 9:45–10:45		Joins-N-Motion 9:45–10:45		Joins-N-Motion 9:45–10:45		10am–3pm
11 am—	Arthritis 11–12 pm		Arthritis 11–12 pm		Arthritis 11–12pm		OPEN
12 pm—							
1 pm—		Family Swim Lessons 12:45pm–1:15pm <i>Lap Lane open for use only</i>			12pm–6:30pm		
2 pm—	12pm–5pm OPEN	1:15pm–5pm OPEN		1:15–5pm OPEN	OPEN		
3 pm—							
4 pm—							
5 pm—	Aqua Flex 5–6pm	Aqua Flex 5–6pm	1:15pm–8pm OPEN	Aqua Flex 5–6pm			
6 pm—							
7 pm—	6pm–8 pm OPEN	6pm–8 pm OPEN		6pm–8 pm OPEN			
8 pm—							



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