



GYM SCHEDULES– SEPTEMBER 2023

BASKETBALL COURT #1						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am–7:30am Open Gym	5:00–7:30am Open Gym	5:00–7:30am Open Gym	5:00–7:30am Open Gym	5:00–7:30am Open Gym	7:00am–3:00pm Open Gym	10:00am–4:00pm Open Gym
7:30–12:00pm Pickleball	7:30–12:00pm Pickleball	7:30–12:00pm Pickleball	7:30–12:00pm Pickleball	7:30–12:00pm Pickleball		
12:00–9:00pm Open Gym	12:00–9:00pm Open Gym	12:00–9:00pm Open Gym	12:00–9:00pm Open Gym	12:00–7:30pm Open Gym		

**** Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA ****
GYM CLOSURES/UPDATES DUE TO SPECIAL EVENTS:

BASKETBALL COURT #2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am–9:00am Open Gym	5:00am–9:00pm Open Gym	5:00–10:00am Open Gym	5:00am–9:00pm Open Gym	5:00–10:00am Open Gym	7:00am–3:00pm Open Gym	10:00–4:00pm Open Gym
9:00–9:45am Cardio Walk & Fit		10:00–10:45am Zumba Gold		10:00–10:45am Zumba Gold		
10:10–45am Zumba Gold Toning						
10:45am–9:00pm Open Gym		10:45am–9:00pm Open Gym		10:45am–7:30pm Open Gym		

All other Land Fitness Classes are held in the Stuckey Room and/or Community Room 3. Please see the Land Fitness Schedule for more information. Revolutions Classes are held in the Spin Room.

DISCLAIMER: There may be additional gym rentals that were reserved after the making of this schedule.

BASKETBALL COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am–8:30am Longer School Age	7:30am–8:30am Longer School Age	7:30am–8:30am Longer School Age	7:30am–8:30am Longer School Age	7:30am–8:30am Longer School Age	7:00am–3:00pm Gymnastics	10:00am–4:00pm Gymnastics
8:30am–9:00pm Gymnastics	8:30am–9:00pm Gymnastics	8:30am–9:00pm Gymnastics	8:30am–9:00pm Gymnastics	8:30am–9:00pm Gymnastics		