

BLAIR REGIONAL YMCA COMMUNITY WELLNESS CHALLENGE SERIES

www.BlairRegionalYMCA.org

COURSE DESCRIPTIONS

Visit www.blairregionallymca.org for race maps.

5K RUN, 2 MILE RUN & 2 MILE WALK

Finish 2023 in a healthy way! Bid farewell to the old year with a walk or run through a dazzling display of holiday lights and animation. All courses run through the lights on the lake at Lakemont Park. This race is based on a loop and the amount of laps will be dependent upon your race.

DUE TO SAFETY CONCERNS PLEASE REFRAIN FROM
USING HEADPHONES

REGISTRATION

PRE-REGISTRATION

The first 700 registered racers will be guaranteed a long sleeve t-shirt. Race registrations may be mailed in, dropped off or register online. There will be no race changes on race day. There will be no refunds on race registration due to the inability to participate. If you lose your bib or need a new one issued, for any reason, there will be a \$5 fee assessed. Online registration closes Saturday, December 30 @ 11:00am.

DAY OF RACE REGISTRATION

Race registration for the day of the race is available from 3:00pm-4:30pm at Lakemont Park.

Shirts & Bibs included in Registration	Early Until 12/29	Pre- 12/10-12/30	Day Of Race
Individual	\$24	\$30	\$35
Family 2 or more from same household	\$23 each	\$28 each	\$35 each
5 & Under must register in house	FREE	FREE	FREE

RACE PACKET PICK-UP

BEFORE THE RACE

Race packets will be available at the Blair Regional Y on Saturday, December 30, from 12pm-7:30pm & Sunday, December 31 from 10am-12pm.

DAY OF THE RACE

Race packets are available at Lakemont Park ONLY from 3:30 to 4:45pm.

AWARDS CEREMONY

Awards will be given out immediately following each race. We will be awarding medals for the following categories: 5k run (top 3), 2m run & 2m walk overall finishers. Awards will also be given out to the top three male and female finishers in the 5k run, 2m run, and 2m walk in the following age categories:
6-8, 9-11, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over
Award winners are asked to remain for the Awards Ceremony as no awards will be mailed.

2022 RACE RESULTS		
5K RUN		
Overall Male:	Tyler Napara	14:44
Overall Female:	Amy O'Donnell	18:30
2 MILE RUN		
Overall Male:	AJ Kelly	11:05
Overall Female:	Addison Smith	13:36
2 MILE WALK		
Overall Male:	Michael Boytim	22:35
Overall Female:	Donna Stoltz	22:33



#CWCS #YRUN

TWILIGHT RACE

Register online at: www.BlairRegionalYMCA.org

Mail registrations to: Blair Regional YMCA
1111 Hewitt Street, Hollidaysburg, PA 16648

Name _____
Address _____
City _____ State _____
Zip _____
Phone _____
Email _____
Date of Birth _____ Age (on Race Day) _____

Sex ☐ M ☐ F
Tshirt Size ☐ Youth M ☐ Youth L ☐ S
☐ M ☐ L ☐ XL ☐ XXL (+\$2)
Race ☐ 5K Run
☐ 2 Mile Run
☐ 2 Mile Walk
Payment Method
☐ Check ☐ MasterCard ☐ Visa ☐ Discover

Credit Card # _____

Expiration ____/____ Three digit code _____

Waiver: In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge the Blair Regional YMCA and all event sponsors, event volunteers and workers and their offices, directors, agents, successors and or assigns for any and all injuries suffered by me at this event. I attest that I am physically fit and prepared for this event. I understand I may be photographed and agree to allow my photo, video or film likeness to be used for legitimate purpose by any of the aforementioned parties.

Signature _____
Parent/Guardian if under 18

Date _____

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Official Race Series Sponsor

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AVAILABLE!

Contact:
pbaker@
blairregionalyymca.org

UPCOMING RACES:

RACE SERIES FINALE: Stay tuned!

RACE OF CHAMPIONS - March 23, 2024

Races: 5k Run, 2 Mile Run & 2 Mile Walk

DIAMOND DASH - May 11, 2024

Races: 10K Run, 6K Run & 5k Walk

JULY 4TH ANGIE GIOIOSA MEMORIAL RACE

Races: 15K Run, 5K Run, 2M Walk & Lollipop Race

CANOE CREEK TRIATHLON - August 3, 2024

Races: Triathlon, Duathlon, 5K Run & 2M Walk

OCTOBER HALF MARATHON - October 5, 2024

Races: 13.1M Run, 10K Run & 5K Walk

TURKEY TROT RACE - November 23, 2024

Races: 4.5M Run, 2M Run & 2M Walk

TWILIGHT RACE - December 31, 2024

Races: 5K Run, 2M Run & 2M Walk

SIGN UP NOW FOR 2024!

Now is the time to accept the challenge and commit to compete in all 7 of our races in the 2023 Race Series. You will be guaranteed a race T-shirt for each race, an "All 7... All In" swag gift, receive courtesy email reminders, discount pricing and stress free registration.

ONLY ALL 7 PARTICIPANTS WILL BE ELIGIBLE TO RECEIVE A HOODED SWEATSHIRT FOR THE TWILIGHT RACE.

REGISTRATION OPENING SOON!



#CWCS #YRUN



BLAIR REGIONAL YMCA
COMMUNITY WELLNESS
CHALLENGE SERIES

TWILIGHT
RACE

December 31

5K Run - 4:00PM

2M Run - 4:30PM

2M Walk - 5:00PM

Start: Lakemont Park, Altoona PA



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