

# January Aquatics Schedule: Lap Pool

Each time block indicates the number of lanes available during that time for lap or open swimmers.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5-8:45am	5-9am	5-8:45am	5-9am	5-8:45am		
6 am—							
7 am—							
8 am—	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	7-9am 6 LANES OPEN	
9 am—	Aqua Aerobics 8:45-9:45 3 Lanes Available	Water Works 9-10 4 Lanes Available	Aqua Aerobics 8:45-9:45 3 Lanes Available	Water Works 9-10 4 Lanes Available	Aqua Aerobics 8:45-9:45 3 Lanes Available	Swim Lessons 9-11:45	
10 am—	9:45-5pm	10-5pm	9:45-5pm	10-5pm	9:45-6:30pm	4 LANES OPEN	
11 am—	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN	6 LANES OPEN		
12 pm—							
1 pm—						11:45-2pm 6 LANES OPEN	10-3am 6 LANES OPEN
2 pm—							
3 pm—							
4 pm—							
5 pm—	5-6:45pm   Swim Lessons 4 Lanes Open MW 2 Lanes Open TTH 6P-6:30P						
6 pm—							
7 pm—							
8 pm—	6:45-8:30pm   Swim Team						
	Lanes Closed						



All schedules are subject to change. Some groups will not be listed on the schedule.

Watch for announcements regarding upcoming events and changes.

# January Aquatics Schedule: Warm Water Pool

\*White time blocks indicate open swim time. Grey time blocks are scheduled programs, and the pool is closed for that time.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 am—	5am-9:45am	5am-12:45 pm	5am-9:45am	5am-12:45pm	5am-9:45am		
6 am—							
7 am—						7-9am	
8 am—	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	
9 am—						Swim Lessons 9-11:45 am	
10 am—	Joints-N-Motion 9:45-10:45		Joints-N-Motion 9:45-10:45		Joints-N-Motion 9:45-10:45		10-3pm
11 am—	Arthritis 11-12 pm		Arthritis 11-12 pm		Arthritis 11-12pm		OPEN
12 pm—							
1 pm—	12-4:15	Family Swim Lessons   12:45-1:15pm			12-6:30	11:45-2pm	
2 pm—	OPEN					OPEN	
3 pm—		1:15-4:15 OPEN	1:15-4:15 OPEN	1:15-4:15 OPEN	OPEN		
4 pm—							
5 pm—	Swim Lessons 4:15-5 pm	Swim Lessons 4:15-5pm	Swim Lessons 4:15-5pm	Swim Lessons 4:15-5pm			
6 pm—	Aqua Flex "New Time" 5-6pm	Aqua Flex "New Time" 5-6pm		Aqua Flex "New Time" 5-6pm			
7 pm—	Swim Lessons 6-7pm	Swim Lessons 6-7 pm	Swim Lessons 6-7 pm	Swim Lessons 6-7 pm			
8 pm—	7-8 pm OPEN	7-8 pm OPEN	7-8pm OPEN	7-8 pm OPEN			



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