



GYM SCHEDULES– JANUARY 2023

BASKETBALL COURT #1						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00-7:30am Open Gym	5:00-7:30am Open Gym	5:00-7:30am Open Gym	5:00-7:30am Open Gym		
7:30-9:30am Pickleball	7:30-9:30am Pickleball	7:30-9:30am Pickleball	7:30-9:30am Pickleball	7:30-9:30am Pickleball	7:00am-7:00pm Open Gym	
9:30am-2:00pm Pickleball	9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball	9:30am-2:00pm Pickleball	9:30am-12:00pm Pickleball		
2:00-5:30pm Open Gym	12:00-4:00pm Open Gym 4:00-5:30pm Biddy Basketball	12:00-5:30pm Open Gym	2:00-9:00pm Open Gym	12:00-7:30pm Open Gym		10:00am-6:00pm Open Gym
5:30-9:00pm Nut League	5:30-9:00 pm Open Gym	5:30-9:00pm Nut League				

BASKETBALL COURT #2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:15am Open Gym	5:00-7:30am Open Gym	5:00-10:00am Open Gym	5:00-7:30am Open Gym	5:00-10:00am Open Gym	7:00am-8:00am Open Gym	
9:15-9:45am Cardio Walk & Fit	7:30-9:30am Pickleball	10:00-10:45am Zumba Gold	7:30-9:00am Pickleball / Open Gym (Half Court each)		8:00am-12:45pm Futsal	
	9:30am-12:00pm Pickleball		9:00-10:15am Kettlebell HIIT		1:00-2:00pm Youth Basketball	10:00-12:30pm Open Gym
10:00-10:45am Zumba Gold Toning	12:00-4:00pm Open Gym	10:45am-7:00pm Open Gym	10:15am-4:45pm Open Gym	10:00-10:45am Zumba Gold	2:00-4:00pm Volleyball	12:30-2:30pm Youth Basketball
10:45am-5:15pm Open Gym	4:00-5:30pm Biddy Volleyball	7:00-8:00pm Basketball	5:00-7:00pm Youth Basketball	12:00-7:30pm Open Gym	4:00-7:00pm Open Gym	2:30am-6:00pm Open Gym
5:15-6:30 Youth Basketball	5:30-8:00pm Futsal					
6:30-9:00 Open Gym	8:00-9:00pm Open Gym	8:00-9:00pm Open Gym	7:00-9:00pm Open Gym			

BASKETBALL COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	5:00am-7:30pm Gymnastics	7:00am-7:00pm Gymnastics	Gym Closed

**** Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA ****