



GYM SCHEDULES– DECEMBER 2022

BASKETBALL COURT #1						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:30am Open Gym	5:00-7:30am Open Gym	5:00-7:30am Open Gym	5:00-7:30am Open Gym	5:00-7:30am Open Gym		
7:30-9:30am Pickleball	7:30-9:30am Pickleball	7:30-9:30am Pickleball	7:30-9:30am Pickleball	7:30-9:30am Pickleball	7:00am-7:00pm Open Gym	
9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball	9:30am-12:00pm Pickleball		
12:00-6:15pm Open Gym	12:00-5:45pm Open Gym 5:45-7:45pm Futsal – ends Dec. 13	12:00-6:15pm Open Gym	12:00-9:00pm Open Gym	12:00-9:00pm Open Gym		
6:15-9:00pm Nut League – begins Dec. 12	8:00-9:00 pm Open gym	6:15-9:00pm Nut League – begins Dec. 14				10:00am-6:00pm Open Gym

BASKETBALL COURT #2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00am Open Gym	5:00-7:30am Open Gym	5:00-10:00am Open Gym	5:00-7:30am Open Gym	5:00-10:00am Open Gym	7:00am-8:00am Open Gym	
9:15-9:45am Cardio walk & fit	7:30-9:30am Pickleball	10:00-10:45am Zumba Gold	7:30-9:00am Pickleball / Open Gym (Half Court each)		8:00am-12:45pm Futsal Ends Dec. 17	
	9:30am-12:00pm Pickleball		9:00-10:15am Kettlebell HIIT		1:00-3:00pm Volleyball	
10:00-10:45am Zumba Gold Toning	12:00-4:00pm Open Gym	10:45am-9:00pm Open Gym	10:15am-9:00pm Open Gym	10:00-10:45am Zumba Gold	3:00-6:00pm Pickleball	
10:45am-9:00pm Open Gym	4:00-5:30pm Biddy Volleyball – ends Dec. 6		5:15-6:15pm Peewee Volleyball Ends dec.15	12:00-9:00pm Open Gym	6:00-7:00pm Open Gym	10:00am-6:00pm Open Gym
	5:30-8:00pm Futsal –ends Dec. 7					
	8:00-9:00pm Open Gym		6:30-9:00pm Open Gym			

BASKETBALL COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-9:00pm Gymnastics		5:00am-9:00pm Gymnastics				
	5:00am-9:00pm Gymnastics		5:00am-9:00pm Gymnastics	5:00am-9:00pm Gymnastics	7:00am-7:00pm Gymnastics	Gym Closed

**** Schedule Subject to Change w/out Notice. Please check our Facebook Page Daily @BlairRegionalYMCA ****