



# GYM SCHEDULES – August 2022

<b>BASKETBALL COURT #1</b>						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30- 12:00 <b>Pickelball</b>	5:00am-7:00am <b>Open Gym</b>	7:00-12:00 <b>Pickelball</b>	7:00-12:00 <b>Pickelball</b>	7:30am-12:00 <b>Pickelball</b>		
12-9:30 <b>Open Gym</b>	7:30-12:00 <b>Pickelball</b>	12:00-9:30 <b>Open Gym</b>	12:00-9:30 <b>Open gym</b>	12:00-7:00 <b>Open gym</b>	7:00am-3:00pm <b>Open Gym</b>	10:00am-3:00pm <b>Open Gym</b>
	12:00-9:30 <b>Open Gym</b>					

<b>BASKETBALL COURT #2</b>						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-9:15pm <b>Open Gym</b>	5:00-6:30am <b>Land Fitness</b>	5:30-6:00am <b>Get on the Ball</b>	5:45-6:30am <b>Total Toning</b>	5:45-6:30am <b>Total Toning</b>	8:00-10:00 <b>Land fitness Classes</b>	
	7:00-9:00am <b>Pickleball</b>	6:00-9:00am <b>Open Gym</b>	6:30-8:00am <b>Open Gym</b>	7:30-9:00am <b>Pickelball</b>		
9:15am-12:00pm <b>Land Fitness Classes</b>	9:00am-12:00pm <b>Land Fitness Classes</b>	9:00am-12:00pm <b>Land Fitness Classes</b>	8:00am-12:00pm <b>Land Fitness Classes</b>	9:00am-12:00pm <b>Land Fitness Classes</b>		
12:00-9:30pm <b>Open Gym</b>	12:00-9:30pm <b>Open Gym</b>	12:00-9:30pm <b>Open Gym</b>	12:00-9:30pm <b>Open Gym</b>	12:00-7:00pm <b>Open Gym</b>	10:00-3:00 <b>Open Gym</b>	10:00-3:00pm <b>Open Gym</b>
					1:00-3:00 <b>Volleyball</b>	

<b>BASKETBALL COURT #3</b>						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-5:00pm <b>Gymnastics</b>	8:15am-9:00pm <b>Land Fitness</b>	5:00am-9:30pm <b>Gymnastics</b>		5:30-6:30am <b>Revolutions</b>	9:00-10:00am <b>Land Fitness Classes</b>	11:00-11:45am <b>Land Fitness Classes</b>
	9:00am-12:00pm <b>Gymnastics</b>		5:30-6:30pm <b>Revolutions</b>			
5:00-6:30pm <b>Land Fitness Classes</b>	5:00-7:00pm <b>Land Fitness Classes</b>	5:00-7:00pm <b>Land Fitness Classes</b>		5:00-7:00pm <b>Karate</b>		

# the GYM SCHEDULES – August 2022

\*\* See other side of page for exceptions to the above schedules \*\*

## Gym Rentals & One Day events in July 2022

*Below usage of the gyms is not included in monthly calendar on other side of page.*

**Disclaimer:** *There may be additional gym rentals that were reserved after the making of this schedule, which are not included below.*

Date – Time – Court being used

- 8/2/2022-5:00 to 9:30/ Court 1 and Court 2 Women's League
- 8/4/2022-5:00 to 9:30/ Court 1 and Court 2 Women's League
- 8/7/2022-1:00 to 3:00/ Court 1 and Court 2 Women's League
- 8/9/2022-5:00 to 9:30/ Court 1 and Court 2 Women's League
- 8/11/2022-5:00 to 9:30/ Court 1 and Court 2 Women's League