



# GYM SCHEDULES – JULY 2022

BASKETBALL COURT #1						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30–12:00 Pickelball	5:00am–7:00am Open Gym	7:00–12:00 Pickelball	7:00–12:00 Pickelball	7:30am–12:00 Pickelball		
12–6:30 Open Gym	7:30–12:00 Pickelball	12:00–6:00 Open Gym	12:00–4:30 Open gym	12:00–7:00 Open gym	7:00am–3:00pm Open Gym	10:00am–1:00pm Open Gym
7:00–9:30pm HS Boys League	5:00–9:30pm Women’s League	7:00–9:30pm HS Boys League	5:00–9:30pm Women’s League			1:00–3:30pm Women’s League

BASKETBALL COURT #2						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00–9:15pm Open Gym	5:00–6:30am Land Fitness	5:30–6:00am Get on the Ball	5:45–6:30am Total Toning	5:45–6:30am Total Toning	8:00–10:00 Land fitness Classes	
	7:00–9:00am Pickleball	6:00–9:00am Open Gym	6:30–8:00am Open Gym	7:30–9:00am Pickleball		
9:15am–12:00pm Land Fitness Classes	9:00am–12:00pm Land Fitness Classes	9:00am–12:00pm Land Fitness Classes	8:00am–12:00pm Land Fitness Classes	9:00am–12:00pm Land Fitness Classes		
12:00–7:00pm Open Gym	12:00–5:00pm Open Gym	12:00–7:00pm Open Gym	12:00–5:00pm Open Gym	12:00–7:00pm Open Gym	10:00–3:00 Open Gym	10:00–11:00pm Open Gym
7:00–9:30pm HS Boys League	5:00–9:30pm Women’s League	7:00–9:30pm HS Boys League	5:00–9:30pm Women’s League			1:00–3:30pm Women’s League

BASKETBALL COURT #3						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am–5:00pm Gymnastics	8:15am–9:00pm Land Fitness	5:00am–9:30pm Gymnastics		5:30–6:30am Revolutions	9:00–10:00am Land Fitness Classes	11:00–11:45am Land Fitness Classes
	9:00am–12:00pm Gymnastics		5:30–6:30pm Revolutions			
5:00–6:30pm Land Fitness Classes	5:00–7:00pm Land Fitness Classes	5:00–7:00pm Land Fitness Classes		5:00–7:00pm Karate		



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## Gym Rentals & One Day events in July 2022

***Below usage of the gyms is not included in monthly calendar on other side of page.***

***Disclaimer: There may be additional gym rentals that were reserved after the making of this schedule, which are not included below.***

### **Date – Time – Court being used**

- **No total Toning classes on 7/26 and 7/29**
- **No Barre Yoga-cise class on 7/7**
- **No PiYo live class on 7/13 on 7/23**
- **No Silver Sneakers classic class on 7/27**