

# BLAIR REGIONAL YMCA COMMUNITY WELLNESS CHALLENGE SERIES

[www.BlairRegionalYMCA.org](http://www.BlairRegionalYMCA.org)

## REGISTRATION

T-shirts will be guaranteed to the first 500 registered racers. There will be no race changes on race day. There will be no refunds on race registration due to the inability to participate. If you lose your bib or need a new one issued, for any reason, there will be a \$5 fee assessed. Online registration closes Friday, November 25 @ 11:00AM

There will be no race changes on race day. Please contact the YMCA if you wish to change your race.

## DAY OF RACE REGISTRATION

Race registration for the day of the race is available from 7:00am to 8:15am at the Blair Regional YMCA. Please come early if you plan to register the day of the race.

Shirts & Bibs included in Registration	Early Until 10/24/25	Pre-11/12-11/25	Day Of Race
Individual	\$23	\$29	\$34
Family 2 or more from same household	\$22 each	\$27 each	\$34 each
5 & Under must register in house	FREE	FREE	FREE

## COURSE DESCRIPTIONS

Visit [www.blairregionalymca.org](http://www.blairregionalymca.org) for race maps.

### 4.5 MILE RUN

Rolling hills through beautiful Hollidaysburg dot this course in the fall, which is popular with local runners.

### 2 MILE RUN/WALK

This flat course runs through the Hollidaysburg community. This course is good for families, race walkers, or anyone walking with strollers.

**DUE TO SAFETY CONCERNS PLEASE REFRAIN FROM USING HEADPHONES**

## RACE PACKET PICK-UP

### BEFORE THE RACE

Race packets are available at the Blair Regional YMCA on Friday, November 25 from 12pm to 7:00pm.

### DAY OF THE RACE

Race packets are available for pick up the day of the race at Blair Regional YMCA from 7:00 to 8:15am.

### AWARDS CEREMONY

Awards will be given out immediately following the race. We will be awarding medals for the following categories: 4.5 mile run top 3 overall finishers

2m run & 2m walk overall top finishers

Awards will also be given out to the top three male and female finishers in the 4.5mile run, 2m run and 2m walk in the following age categories:

6-8, 9-11, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over

**Award winners are asked to remain for the Awards Ceremony as no awards will be mailed.**



#CWCS #YRUN

# PERRY WELLINGTON TURKEY TROT

Register online at: [www.BlairRegionalYMCA.org](http://www.BlairRegionalYMCA.org)

Mail registrations to: Blair Regional YMCA  
1111 Hewit Street, Hollidaysburg, PA 16648

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age (on Race Day) \_\_\_\_\_

Sex ☐ M ☐ F

Tshirt Size ☐ Youth M ☐ Youth L ☐ S  
☐ M ☐ L ☐ XL ☐ XXL (+\$2)

Race ☐ 4.5 Mile Run  
☐ 2 Mile Run ☐ 2 Mile Walk

### Payment Method

☐ Check ☐ MasterCard ☐ Visa ☐ Discover

Credit Card # \_\_\_\_\_

Expiration \_\_\_\_/\_\_\_\_ Three digit code \_\_\_\_\_

**Waiver:** In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge the Blair Regional YMCA and all event sponsors, event volunteers and workers and their offices, directors, agents, successors and or assigns for any and all injuries suffered by me at this event. I attest that I am physically fit and prepared for this event. I understand I may be photographed and agree to allow my photo, video or film likeness to be used for legitimate purpose by any of the aforementioned parties.

Signature \_\_\_\_\_

Parent/Guardian if under 18

Date \_\_\_\_\_

BLAIR REGIONAL YMCA  
COMMUNITY WELLNESS  
CHALLENGE SERIES



Official Race Series Sponsor

SPONSORS

SPONSORSHIP  
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AVAILABLE!

Contact:  
pbaker@  
blairregionalyymca.org

## UPCOMING RACES:

### Twilight Race

Saturday, December 31

Races: 5k Run - 4:00pm

2 Mile Run - 4:30pm

2 Mile Walk - 5:00pm

## SIGN UP NOW FOR 2023!

Now is the time to accept the challenge and commit to compete in all 7 of our races in the 2023 Race Series. You will be guaranteed a race T-shirt for each race, an "All 7...All In" swag gift, receive courtesy email reminders, discount pricing and stress free registration.

ONLY ALL 7 PARTICIPANTS WILL BE  
ELIGIBLE TO RECEIVE A HOODED  
SWEATSHIRT FOR THE TWILIGHT RACE.

REGISTRATION OPENING SOON!



#CWCS #YRUN



BLAIR REGIONAL YMCA  
COMMUNITY WELLNESS  
CHALLENGE SERIES

## PERRY WELLINGTON TURKEY TROT

**November 26: 8:30 AM**

4.5 Mile Run, 2 Mile Run & 2 Mile Walk

Start: Blair Regional YMCA



Official Race Series Sponsor